### **Radiological Assessment of Primordial Radionuclides in Crab Species from Igbokoda River in Southwest of Nigeria**

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Abstract: Primordial radionuclides are natural radionuclides of specific half-lives that are capable of disintegrating with the release of ionizing radiations along with huge amount of energy which can be so harmful to living organisms. Activity concentrations and radiological indices of  $^{40}K$ , <sup>226</sup>Ra and <sup>228</sup>Ra in crab species from Igbokoda River in the coastal area of South Western Nigeria, have been determined using gamma spectrometry method. Twenty (20) samples of three different latimanus, Callinectes species (Callinectes amnicola and Cadiosoma armatum) of crabs were collected from the River. The results obtained indicated that the highest dose rates of <sup>40</sup>K, <sup>226</sup>Ra and <sup>228</sup>Ra were associated with Callinectes latimanus while the highest annual committed effective dose of <sup>40</sup>K to man was 0.0026mSvyr<sup>-1</sup> and was associated with Callinectes latimanus for <sup>226</sup>Ra  $(0.0068 m Svyr^{-1})$  and <sup>228</sup>Ra  $(0.0208 m Svyr^{-1})$ . The highest excess lifetime cancer risk associated with  $^{40}K$ ,  $^{226}Ra$  and  $^{228}Ra$  0.0237 x 10<sup>-3</sup> 0.0728 x 10<sup>-3</sup>. All the values obtained were within the limits recommended globally; indicating that there was no significant radiological health implication to the aquatic animals and man the consumer.

Key Words: Radionuclides, gamma spectrometry, crab, dose rate, cancer risk, health

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### 1.0 Introduction

Seafood is widely consumed globally, due to their nutritional content. They are rich sources of several nutrients, fat soluble and vitamins. According to Adeveye (2002), seafoods are also recognised for their dietary and minerals sources. Crab constitutes one of the main sources of animal protein most especially among coastal dwellers in some parts of Nigeria. They have high ash, mineral and crude fibre content (Oduro et al., 2001). Akin-Oriola et al. (2005) have reported crabs to be one of the richest sources of mineral nutrition and that they are mostly consumed by several classes of population. Based on their nutritional significant, Adeyeye and Kenni (2008) recommended crabs as a food of preference for pregnant women. They are generally found in oceans across the globe. Sowole and Olaniyi (2018) natural radionuclides are very active chemical elements that exist in soil and water as primordial type and those that are released from the sun due to its activities as cosmogenic form of radionuclide. In aquatic environment, radionuclides may the accumulate in bottom sediment or remain in the water column in the dissolved state (Blaylock et al., 1993). With this, they can subsequently accumulate in biota and be transferred through the aquatic food chain.

The study of natural radionuclides: <sup>40</sup>K, <sup>226</sup>Ra and <sup>228</sup>Ra concentration levels has been reported by Sowole (2011) for major Rivers at Sagamu where the mining of limestone along with the production of cement were taking place, in Ogun State Southwest of Nigeria. The average dose rate of all the radionuclides in the fish samples were below the recommended limit of 0.4mGy hr<sup>-1</sup>. Farai and Oni (2002)investigated the presence of radionuclides in some aquatic animals across coastal area of Nigeria and found that Cardiosoma armatum had the highest concentration of <sup>40</sup>K, and the annual effective dose to man consuming the aquatic animals was obtained to be 0.099mSvyr<sup>-1</sup>. Khan et al. (2007) reported radionuclides ingestion dose of 25.0µSvyr<sup>-1</sup> achieved through the consumption of fish by man around the Kudankulam Nuclear Power Project site. Ingestion dose via fish consumption was also observed to exhibit mean value of 18.0µSvyr<sup>-1</sup> for natural radionuclides in Chitrapuzha River, near Cochin (Haridasan et al., 2001). Studies conducted by Sowole et al. (2019) on the assessment of the level of 40K, 226Ra and 228Ra concentrations in fish from Victoria Island lagoon in Lagos State (Southwest of Nigeria) was found to exhibit an average dose rates of 0.0049 mGy hr<sup>-1</sup>, 5.32 x 10<sup>-7</sup> mGy hr<sup>-1</sup> and 8.96 x  $10^{-13}$ mGy hr<sup>-1</sup> for  $^{40}$ K,  $^{226}$ Ra and  $^{228}$ Ra respectively. Arising from the fact that substantial evidences exit on radiological risk of consuming some seafoods, the present study is aimed at determining the activity concentrations, radiological indices, dose rates and cancer risk indices of <sup>40</sup>K, <sup>226</sup>Ra and <sup>228</sup>Ra in crab species from Igbokoda River in South West Nigeria.

#### 2.0 Materials and Methods

The samples were analysed for  ${}^{40}$ K,  ${}^{226}$ Ra and  ${}^{228}$ Ra using gamma spectro-photometer. 20 samples of crab samples were obtained from Igbokoda River at various locations ranging from 20 – 40m. The collected samples were sorted out into three different species, namely: *Callinectes latimanus*, *Callinectes amnicola* and *Cadiosoma armatum*. They were preserved in 40% formaldehyde in labelled containers. They were identified and grouped into their species. The samples were oven dried at 80°C, pulverized, weighed and preserved in sealed plastic containers for four weeks (in order to establish secular radioactive equilibrium between the natural radionuclides and their respective progenies) (Akinloye *et al.*, 1999; Sowole, 2011).

The spectro-photometer used for radioactive analysis was a Canberra lead shielded 7.6cm x 7.6cm NaI (Tl) detector coupled to a multichannel analyzer (MCA) through a preamplifier base. The resolution of the detector is about 10% at and operates at 0.662MeV of <sup>137</sup>Cs. For the analysis of <sup>40</sup>K, <sup>226</sup>Ra and <sup>228</sup>Ra, the photo peak regions of <sup>40</sup>K (1.46 MeV), <sup>214</sup>Bi (1.76 MeV) and <sup>208</sup>TI (2.615 MeV) were respectively used.

The cylindrical plastic containers holding the samples were positioned on the high geometry 7.6 cm  $\times$  7.6 cm NaI (TI) detector. High level shielding against the environmental background radiation was achieved by counting in a Canberra 10cm thick lead castle. The counting of each sample was done for 8

hours. The areas under the photo-peaks of <sup>40</sup>K, <sup>226</sup>Ra and <sup>228</sup>Ra were calculated using the Multichannel Analyzer system.

The concentrations of the radionuclides were determined based on the measured efficiency of the detector and the net count rate under each photopeak over a period of 8 hours using equation1 (Jibiri and Ajao, 2005).

$$A = \frac{N(E_{\gamma})}{\varepsilon(E_{\gamma})I_{\gamma}Mt_{c}}$$
(1)

where  $N(E_{\gamma})$  is the net peak area of the radionuclide of interest,  $\epsilon(E_{\gamma})$  is the efficiency of the detector for the  $\gamma$ - energy of interest,  $I_{\gamma}$  is the intensity per decay for the  $\gamma$ - energy of interest and M is the mass of the sample and  $t_c$  = Total counting time in seconds (28800s).

# 3.1 Dose rate of natural radionuclides in Crab species

The dose rates of the radionuclides in the aquatic species were determined using equation 2 of Blaylock *et al.* (1993):

 $D = 5.76 \text{ x } 10^{-4} \text{ E n } \Phi \text{C}$  (2) where E is the average emitted energy for gamma radiations (MeV), n is the proportion of transitions producing an emission of energy E,  $\Phi$  is the fraction of the emitted energy absorbed, which are constants obtained from Blaylock *et al.* (1993), C is the concentration of the radionuclide of consideration and D is the dose rate of the radionuclide of consideration.

# 3.2 Annual committed effective dose to consumer

The annual committed effective dose (ACED) for ingestion of NORMs in crab species to man was determined using equation 3. (Tettey-Larbi *et al.*, 2013):

$$ACED = C \times DCF \times CR$$

where C is the concentration of radionuclides, DCF is the dose conversion factor for ingestion (UNSCEAR, 2000) and CR is the consumption rate of intake of NORMs from crab species.

# 3.3 Excess Lifetime Cancer Risk to the consumers

Excess lifetime cancer risk (ELCR) to man (i.e., the consumer) was determined based on the values of the annual committed effective dose according to equation 4 (Qureshi *et al.*, 2014):

$$ELCR = ACED \times LE \times RF$$
(4)



where LE is life expectancy taken to be 70 years and RF is fatal risk factor per sievert which was 0.05 (ICRP, 2007)

### **3.0** Results and Discussion

Activity concentrations of radionuclides in crab species from the study area are shown in Table 1 while the range and mean concentrations (of activity concentrations of  ${}^{40}$ K,  ${}^{226}$ Ra and  ${}^{228}$ Ra) and estimated dose rates in aquatic species are recorded in Tables 3 to 5 respectively. The lowest concentration of  ${}^{40}$ K (64.92 ± 4.75 Bqkg<sup>-1</sup>) was found in *Callinectes latimanus* while the highest concentration (124.35 ± 9.37 Bqkg<sup>-1</sup>) was also from *Callinectes latimanus*, which are less than the value obtained by Farai and Oni (2002). It was also observed that *Callinectes latimanus* had the lowest and highest concentrations of  ${}^{226}$ Ra; which were

2.54  $\pm$  0.12 Bqkg<sup>-1</sup> and 7.19  $\pm$  1.03 Bqkg<sup>-1</sup> respectively. However, lowest concentration of  $^{228}$ Ra, was observed to be 4.17  $\pm$  0.65Bqkg<sup>-1</sup> in Cadiosoma armatum while the highest concentration of 9.24  $\pm$  1.78Bqkg<sup>-1</sup> was recorded from Callinectes latimanus. The highest dose rate of <sup>40</sup>K (Table 2.) was obtained in *Callinectes latimanus* (i.e.,  $1.12 \times 10^{-2} \text{mGyhr}^{-1}$ ) while the lowest was observed in Callinectes latimanus to be 5.83 x 10<sup>-</sup> <sup>3</sup>mGyhr<sup>-1</sup>. Also for <sup>226</sup>Ra, *Callinectes latimanus* had the highest dose rate of value 1.26 x 10<sup>-6</sup>mGyhr<sup>-1</sup> and the lowest was from Callinectes latimanus of value 4.45 x 10<sup>-7</sup>mGyhr<sup>-1</sup>. Concerning <sup>228</sup>Ra, the highest dose rate was obtained in Callinectes latimanus of value  $1.10 \times 10^{-12}$  mGyhr<sup>-1</sup> and the lowest was from *Cadiosoma armatum* of value 4.97 x 10<sup>-13</sup>mGyhr<sup>-1</sup>.

Table 1: Activity concentrations of radionuclides in crabs

				Activity concentrations radionuclides in crabs (Bqkg <sup>-1</sup> )	
River	Sample	Specie	<sup>40</sup> K	<sup>226</sup> Ra	<sup>228</sup> Ra
ONDO	$CCS_1$	Cardiosoma armatum	$113.48\pm8.6$	$4.18\pm0.65$	6.29 ± 1.03
	$CCS_2$	Callinectes latimanus	$97.75 \pm 7.25$	$6.24\pm0.98$	$8.78 \pm 1.82$
	$CCS_3$	Callinectes amnicola	$105.19\pm10.65$	$2.99\pm0.03$	$5.22\pm0.89$
	$CCS_4$	Callinectes amnicola	$87.42\pm6.78$	$3.62\pm0.41$	$5.95 \pm 1.08$
	CCS <sub>5</sub>	Callinectes latimanus	$124.35\pm9.37$	$5.11\pm0.45$	$7.31 \pm 1.46$
	$CCS_6$	Callinectes latimanus	$103.84\pm7.89$	$4.68\pm0.72$	$6.01\pm0.75$
	$CCS_7$	Cardiosoma armatum	$75.44 \pm 8.36$	$3.26\pm0.31$	$5.28 \pm 1.11$
	$CCS_8$	Cardiosoma armatum	$95.05\pm8.09$	$5.08 \pm 0.82$	$4.17 \pm 0.65$
	CCS <sub>9</sub>	Callinectes latimanus	$112.97\pm10.01$	$7.19 \pm 1.03$	$9.24 \pm 1.78$
	$CCS_{10}$	Callinectes latimanus	$84.35\pm7.26$	$3.22\pm0.61$	$4.26 \pm 0.84$
	$CCS_{11}$	Cardiosoma armatum	$117.21 \pm 9.06$	$4.49\pm0.94$	$5.34 \pm 1.25$
	$CCS_{12}$	Callinectes latimanus	$76.85 \pm 6.39$	$6.01 \pm 1.24$	$7.62 \pm 0.79$
	CCS <sub>13</sub>	Callinectes amnicola	$99.46 \pm 8.17$	$3.75\pm0.55$	$6.02 \pm 1.83$
	$CCS_{14}$	Callinectes amnicola	$120.63\pm11.48$	$4.25 \pm 1.13$	$5.62 \pm 0.58$
	$CCS_{15}$	Callinectes latimanus	$87.19 \pm 7.23$	$5.62\pm0.99$	$4.86 \pm 1.04$
	CCS <sub>16</sub>	Callinectes latimanus	$92.41 \pm 7.34$	$4.18\pm0.61$	$5.72 \pm 0.85$
	CCS <sub>17</sub>	Cardiosoma armatum	$84.39 \pm 5.26$	$6.35 \pm 1.62$	8.60 ± 1.32
	CCS <sub>18</sub>	Cardiosoma armatum	$115.06\pm8.35$	$3.89\pm0.25$	$5.37\pm0.42$
	CCS <sub>19</sub>	Callinectes latimanus	$64.92\pm4.75$	$2.54\pm0.12$	$6.09\pm0.82$
	$CCS_{20}$	Callinectes latimanus	$111.25\pm11.04$	$4.72\pm0.93$	$7.43 \pm 1.47$



Sample	Specie	<sup>40</sup> K x 10 <sup>-3</sup>	<sup>226</sup> Ra x 10 <sup>-7</sup>	<sup>228</sup> Ra x 10 <sup>-13</sup>
		(mGyhr <sup>-1</sup> )	(mGyhr <sup>-1</sup> )	(mGyhr <sup>-1</sup> )
CCS <sub>1</sub>	Cardiosoma armatum	10.2	7.32	7.50
$CCS_2$	Callinectes latimanus	8.78	10.9	10.5
$CCS_3$	Callinectes amnicola	9.45	5.24	6.22
$CCS_4$	Callinectes amnicola	7.86	6.34	7.09
CCS <sub>5</sub>	Callinectes latimanus	11.2	8.95	8.72
$CCS_6$	Callinectes latimanus	9.33	8.20	7.17
$CCS_7$	Cardiosoma armatum	6.78	5.71	6.30
CCS <sub>8</sub>	Cardiosoma armatum	8.54	8.90	4.97
CCS <sub>9</sub>	Callinectes latimanus	10.2	12.6	11.0
$CCS_{10}$	Callinectes latimanus	7.58	5.64	5.08
$CCS_{11}$	Cardiosoma armatum	10.5	7.87	6.37
$CCS_{12}$	Callinectes latimanus	6.91	10.5	9.09
CCS <sub>13</sub>	Callinectes amnicola	8.94	6.57	7.18
$CCS_{14}$	Callinectes amnicola	10.8	7.44	6.70
CCS <sub>15</sub>	Callinectes latimanus	7.84	9.84	5.80
CCS <sub>16</sub>	Callinectes latimanus	8.30	7.32	6.82
CCS <sub>17</sub>	Cardiosoma armatum	7.58	11.1	10.3
CCS <sub>18</sub>	Cardiosoma armatum	10.3	6.81	6.40
CCS <sub>19</sub>	Callinectes latimanus	5.83	4.45	7.26
$CCS_{20}$	Callinectes latimanus	9.99	8.27	8.86

Table 2: Determined values of dose rates of radionuclides in crab samples

Table 3: Range, mean value of activity concentration and mean dose rate of <sup>40</sup>K in crab species

Specie	Range (Bqkg <sup>-1</sup> )	Mean (Bqkg <sup>-1</sup> ) (Bqkg <sup>-1</sup> )	Mean dose rate x 10 <sup>-3</sup> (mGyhr <sup>-1</sup> )
Cardiosoma armatum	75.44 - 117.21	$100.11 \pm 7.96$	8.98
Callinectes latimanus	64.92 - 124.35	$95.59 \pm 7.85$	8.59
Callinectes amnicola	87.92 - 120.63	$103.17\pm9.27$	9.28

Table 4: Range, mean value of activity concentration and mean dose rate of <sup>226</sup> Ra in crab species						
Specie	Range (Bqkg <sup>-1</sup> )	Mean (Bqkg <sup>-1</sup> )	Mean dose rate x 10 <sup>-4</sup> (mGyhr <sup>-1</sup> )			
Cardiosoma armatum	3.26 - 6.35	$4.54\pm0.77$	0.155			
Callinectes latimanus	3.22 - 7.19	$4.95\pm0.77$	1.030			
Callinectes amnicola	4.25 - 2.99	$3.65\pm0.53$	0.033			



Specie	Range (Bqkg <sup>-1</sup> )	Mean (Bqkg <sup>-1</sup> )	Mean dose rate x 10 <sup>-12</sup> (mGyhr <sup>-1</sup> )
Cardiosoma armatum	4.17 - 8.60	$5.84 \pm 0.96$	3.73
Callinectes latimanus	4.26 - 9.24	$6.73 \pm 1.16$	2.32
Callinectes amnicola	5.22 - 6.02	$5.70 \pm 1.10$	8.75

Table 5: Range, mean value of activity concentration and mean dose rate of <sup>228</sup>Ra in crab species

Table 6: Determined values of annual committed effective doses (ACED) to the consumers

Sample	Specie	<sup>40</sup> K ACED (mSvyr <sup>-1</sup> )	<sup>226</sup> Ra ACED (mSvyr <sup>-1</sup> )	<sup>228</sup> Ra ACED (mSvyr <sup>-1</sup> )
$CCS_1$	Cardiosoma armatum	0.0024	0.0039	0.0141
$CCS_2$	Callinectes latimanus	0.0020	0.0059	0.0198
CCS <sub>3</sub>	Callinectes amnicola	0.0022	0.0028	0.0118
$CCS_4$	Callinectes amnicola	0.0018	0.0034	0.0134
CCS <sub>5</sub>	Callinectes latimanus	0.0026	0.0048	0.0165
$CCS_6$	Callinectes latimanus	0.0022	0.0044	0.0135
CCS <sub>7</sub>	Cardiosoma armatum	0.0016	0.0031	0.0119
CCS <sub>8</sub>	Cardiosoma armatum	0.0020	0.0048	0.0094
CCS <sub>9</sub>	Callinectes latimanus	0.0024	0.0068	0.0208
$CCS_{10}$	Callinectes latimanus	0.0018	0.0030	0.0096
$CCS_{11}$	Cardiosoma armatum	0.0024	0.0042	0.0120
$CCS_{12}$	Callinectes latimanus	0.0016	0.0057	0.0172
$CCS_{13}$	Callinectes amnicola	0.0021	0.0035	0.0136
$CCS_{14}$	Callinectes amnicola	0.0025	0.0040	0.0127
$CCS_{15}$	Callinectes latimanus	0.0018	0.0053	0.0109
$CCS_{16}$	Callinectes latimanus	0.0019	0.0039	0.0129
$CCS_{17}$	Cardiosoma armatum	0.0018	0.0060	0.0194
$CCS_{18}$	Cardiosoma armatum	0.0024	0.0037	0.0121
CCS <sub>19</sub>	Callinectes latimanus	0.0014	0.0024	0.0137
$CCS_{20}$	Callinectes latimanus	0.0023	0.0044	0.0167

Table 7: Determined values of excess lifetime cancer risk (ELCR) to the consum	iers

Sample	Specie	<sup>40</sup> K	<sup>226</sup> Ra	<sup>228</sup> Ra
-	-	ELCR x 10 <sup>-3</sup>	ELCR x 10 <sup>-3</sup>	ELCR x 10 <sup>-3</sup>
CCS <sub>1</sub>	Cardiosoma armatum	0.0083	0.0138	0.0496
$CCS_2$	Callinectes latimanus	0.0071	0.0206	0.0692
$CCS_3$	Callinectes amnicola	0.0077	0.0099	0.0411
$CCS_4$	Callinectes amnicola	0.0064	0.0119	0.0469
CCS <sub>5</sub>	Callinectes latimanus	0.0091	0.0168	0.0576
$CCS_6$	Callinectes latimanus	0.0076	0.0154	0.0474
CCS <sub>7</sub>	Cardiosoma armatum	0.0055	0.0107	0.0416



$CCS_8$	Cardiosoma armatum	0.0069	0.0167	0.0329
$CCS_9$	Callinectes latimanus	0.0082	0.0237	0.0728
$CCS_{10}$	Callinectes latimanus	0.0062	0.0106	0.0336
$CCS_{11}$	Cardiosoma armatum	0.0086	0.0148	0.0421
$CCS_{12}$	Callinectes latimanus	0.0056	0.0198	0.0600
$CCS_{13}$	Callinectes amnicola	0.0073	0.0124	0.0474
$CCS_{14}$	Callinectes amnicola	0.0088	0.0139	0.0443
$CCS_{15}$	Callinectes latimanus	0.0064	0.0185	0.0383
$CCS_{16}$	Callinectes latimanus	0.0067	0.0138	0.0451
$CCS_{17}$	Cardiosoma armatum	0.0062	0.0209	0.0678
$CCS_{18}$	Cardiosoma armatum	0.0084	0.0128	0.0423
$CCS_{19}$	Callinectes latimanus	0.0047	0.0084	0.0479
$CCS_{20}$	Callinectes latimanus	0.0081	0.0155	0.0585

The highest mean dose rate of <sup>40</sup>K was recorded for Callinectes amnicola (9.28 x 10<sup>-3</sup> mGyhr<sup>-1)</sup> as recorded in Table 3. On the other hand, <sup>226</sup>Ra (Table 4) exhibited highest and lowest concentrations of 1.03 x  $10^{-4}$  mGyhr<sup>-1</sup> and 8.75 x  $10^{-12}$  mGyhr<sup>-1</sup> in Callinectes latimanus and Callinectes amnicola respectively. The observed concentrations are below the recommended 0.4 mGyhr<sup>-1</sup> limit (Blaylock et al., 1993; NCRP, 1991). From the results obtained in this work, the highest annual committed effective dose of <sup>40</sup>K (Table 6) to man was 0.0026 mSvyr<sup>-1</sup> and was recorded in Callinectes latimanus which was less than the result obtained by Farai and Oni (2002). Similar data for <sup>226</sup>Ra was 0.0068 mSvyr<sup>-1</sup> while that of <sup>228</sup>Ra was 0.0208 mSvyr<sup>-1</sup>. These values are also below the recommended limit of 1.0 mSvyr<sup>-1</sup> (ICRP, 2007). The highest ELCR of <sup>40</sup>K to the consumers was  $0.0091 \times 10^{-3}$  as shown in Table 7. The results for other radionuclides were <sup>226</sup>Ra which had 0.0237 x 10<sup>-3</sup> and <sup>228</sup>Ra which recorded

 $0.0728 \times 10^{-3}$ . All the calculated values were below the recommended limit of 0.29 x  $10^{-3}$  (UNSCEAR, 2000). Therefore, there is no current radionuclides threat in the study area.

### 4.0 Conclusion

Radiological assessment of natural radionuclides in crab species from Igbokoda River had shown that the dose rates of the primordial radionuclides in the aquatic species were within the dose rate limit of 0.4 mGyhr<sup>-1</sup> recommended by NCRP (1991) as

reported by Blaylock et al. (1993). Similarly, the values of annual committed effective doses were below 1.0mSvyr<sup>-1</sup> limit recommended by ICRP (2007). Excess lifetime cancer risk values to the consumers were below the recommended limit of 0.29 x  $10^{-3}$  (UNSCEAR, 2000). All the values of radiological parameters obtained showed that there was no significant radiological health implication to the aquatic animals and man that consumes them. In addition, all the results in this research work could serve as baseline for further research work in the study area.

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### **Conflict of Interest**

The authors declared no conflict of interest.

