

Proximate Analysis, Thin Layer Chromatography Profile and Haematinic Activity of Organic Extracts of *Brillantaisia Owariensis* Leaves

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Abstract: In this work, the proximate analysis, concentration profile from thin-layer chromatography and haematinic activity in rats induced phenylhydrazine anemia were investigated using the n-hexane, chloroform, ethyl acetate and methanol extracts of *Brillantaisia owariensis* leaves. The results we recorded indicated a significant presence of carbohydrates, fiber, protein and traces concentrations of fat. Analysis of the thin layer chromatogram gave evidence that the plant extract is rich in various phytochemicals. However, the activity of the plant extract based on the hematological parameters (red blood cell count (RBC), hemoglobin concentration (HB), white blood cell count (WBC) and hematocrit (PCV), showed that the ethyl acetate extract has the least activity, whereas, the crude methanol and chloroform extracts demonstrated the most significant activity.

Keywords: *Brillantaisia owariensis*, proximate and phytochemical analyses, biological activity, hematological assay

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1.0 Introduction

The commonest and most significant medical challenges among humans are deficiency of hemoglobin, which is an iron-rich protein in the red blood cells. The function of the hemoglobin involves the transportation of oxygen to the cells, consequently, several symptoms have been reported for decreasing levels of hemoglobin in humans, such as body weakness, shortness of breath, headaches, anorexia, somnolence, reduced immunity, anemia, decreased quality of life (Lakshmanasamy, 2011). Severe drop in the level of hemoglobin can create a health condition known as anemia, which may be identified as classified as iron-deficiency anemia, pernicious anemia, aplastic anemia, hemolytic anemia, parasitic infection and drug toxicity (Saravanan and Manokaran 2012; Ong 1973). Anemia constitutes a serious health problem in many tropical countries because of the prevalence of malaria and other parasitic infections that tend to reduce the red blood count (Dacie and Lewis, 1994). In view of these conditions, several conventional and herbal remedies are recognised. Traditionally also, several medicinal plants have been reported to be

used in the management of anemia (Alada, 2000; Dina *et al.*, 2006).

Brillantaisia owariensis is a perennial shrub, generally glandular and sticky; with stems up to 2 m tall. The leaf of the plant has petioles up to 14 -17cm long. The flowers are calyx dark purple with dense capitate glands, the corolla is pale to deep purple or blue to dark blue with a white neck 25- 53 mm long. The fruit is capsule-shaped 17-35 mm long and seeds 1.5 mm long. The plant grows in Nigeria, Togo, West Cameroon and across Uganda.

According to Ngbolua *et al* (2013) the leaves of *B. owariensis* are used traditionally in Congo for the treatment of anemia, rheumatism, menstrual pain, stomach ache and for their antiplasmodial and analgesic potentials (Asai *et al.*, 2012; Makambila-Koubemba *et al.*, 2011; Mbatchiet *et al.*, 2006). Also, local midwives or traditional birth attendants in some parts of Nigeria, use *Brillantaisia owariensis* leaves to control bleeding and to manage anemia. Scientific data on the potency of *B.owariensis* against anemic conditions is scanty. However reports from a few studies have indicated that alcoholic extract of *B. owariensis* leaf has antibacterial and antioxidant activities (Aluko *et al.*, 2014; Faparusiet *et al.*, 2012). Akuru and Amadi (2018) also reported that the leaf of *Brillantaisia owariensis* is rich in amino acids with a high quantity of glycine which is considered essential for rapid growth and the biosynthesis of porphyrin components of hemoglobin. The present investigation aims to establish the haematinic properties of leaf extracts of ***Brillantaisia owariensis*** in Wistar albino strain rats induced with anemia

2.0 Materials and Methods

2.1 Sample collection and preparation

Leaves of *Brillantaisia Owariensis* were harvested from Ndioro Oboro, Ikwuano Local Government Area, Abia State, Nigeria. The plant material was identified and authenticated at the Plant Taxonomy Section, Forestry Department, Michael Okpara University of Agriculture, Umudike, Abia State, Nigeria. The harvested leaves were

briefly rinsed to remove debris, and air-dried under shade for 12 days. Dried leaves were milled with a blender into powder. The powder was weighed and transferred into an air-tight amber container

2.2 Extraction and partition

200 g of the powdered sample was weighed into a 2.5 L capacity glass jar containing 1.2 L of methanol. The mixture was agitated with a stirrer for 15 minutes, covered and left allowed to stand for 72 hours before filtration with a Whatman No. 1 filter paper and the filtrate was concentrated using a rotary evaporator. The crude extract obtained weighed 6.32 g. 4 g was partitioned by Kupchan *et al.* (1973) protocol to give hexane (2.02 g), chloroform (1.44 g) and ethyl acetate (1.0 g) extracts.

2.3 Proximate analysis.

The moisture, crude fat, crude protein, ash, fibre and total carbohydrate of *B.owariensis* air-dried leaves were determined according to AOAC (2006).

2.4 Thin-layer chromatography

Pre-coated thin-layer chromatography (TLC) aluminum plates were used; hence, the plate was cut to a size of 4 X 10 cm and used for the TLC. The R_f values were appropriately calculated.

2.5 Experimental animals

Albino Wister rats (24) of both sexes weighing 100-120 g were used for the study. The animals were obtained from the laboratory of the Animal Production Unit, Department of Zoology and Environmental Biology, Michael Okpara University of Agriculture, Umudike. The animals were assigned to six groups of four animals each, kept in a cage and were allowed to acclimatize within two weeks before commencement of the experiment. The experiment was carried out following international standards and ethics as approved by the ethics committee of the College of Natural sciences, Michael Okpara University of Agriculture, Umudike, Nigeria. The different groups were treated according to the order below.



- Group 1: Control
- Group 2: Phenyl hydrazine (30mg/kg body weight)
- Group 3: Crude Extract (500mg/kg + Phenyl hydrazine)
- Group 4: n-Hexane (500mg/kg + Phenyl hydrazine)
- Group 5: Chloroform (500mg/kg + Phenyl hydrazine)
- Group 6: Ethyl Acetate (500mg/kg + Phenyl hydrazine)

Treatment was done via oral root and lasted for 10 days before animals were sacrificed by cervical dislocation and blood was collected by cardiac puncture in K3 EDTA bottles for hematological analysis.

2.6 Determination of hematological parameters

Hematological parameters include; red blood cells(RBC), packed cell volume(PCV), hemoglobin(HB), white blood cells(WBC),

mean corpuscular volume(MCV), mean corpuscular hemoglobin(MCH) and mean corpuscular hemoglobin concentration(MCHC) were determined for each blood sample using an automated hematology analyzer, model BC-2300, Mindray Medical Company, India. To achieve this, blood samples were aspirated into the equipment and allowed to run for 1 minute. Results of all the parameters were displayed on the screen of the analyzer.

3.0 Results and Discussion

Table 1 presents information on the proximate composition of *B. owariensis* leaf including moisture, protein, fat, fibre, ash and carbohydrate contents. Also, the hematological parameters of the blood samples that were tested are presented in Table 2. The information presented in the listed Tables is also represented in Figs. 1 and 2.

Table 1: Proximate composition of air dried *B. owariensis* leaves

Moisture Content	Protein	Fat	Fiber	Ash	Carbohydrate
10.42	6.73	3.56	23.50	5.22	52.57
10.36	6.55	4.10	23.72	5.28	51.99
10.44	6.55	3.68	23.66	5.26	52.41

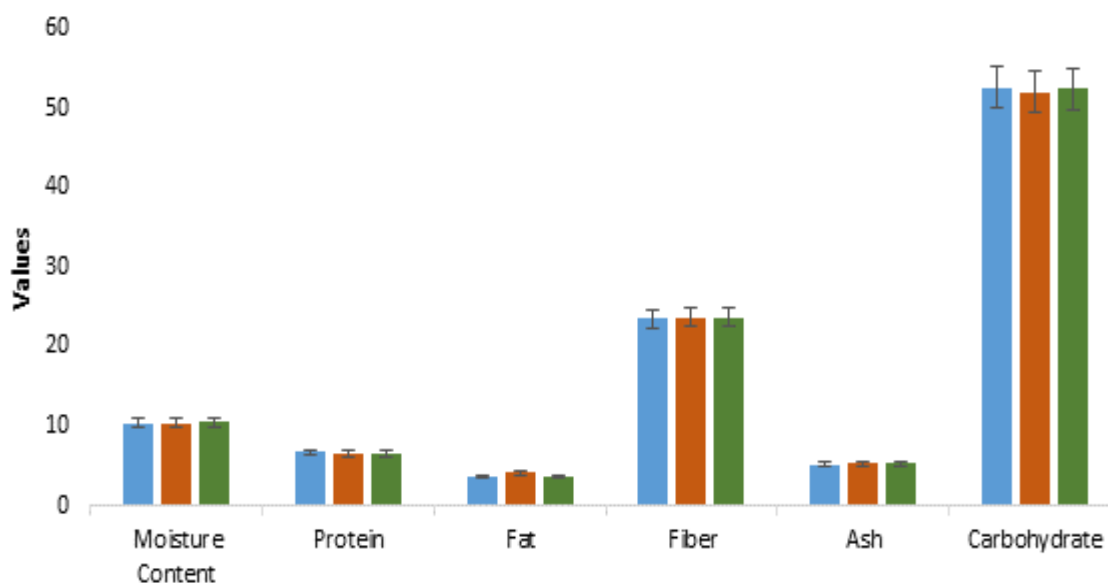


Fig. 1: Bar charts showing the profile for the proximate analysis of the crude extract of *B. owariensis* leaves



Table 2: Hematological parameters of the blood samples of test subjects

Groups	RBC	PCV	HB	WBC	MCV	MCH	MCHC
1	6.04	44.50	15.83	7.97	73.72	26.22	35.56
2	3.15	25.25	7.33	20.35	78.33	22.75	29.21
3	4.18	26.25	9.30	16.13	62.89	22.28	35.44
4	3.24	24.25	8.50	17.25	74.92	26.25	35.03
5	4.35	28.25	10.18	11.53	66.69	23.86	35.88
6	2.59	15.50	4.20	24.50	61.73	16.80	27.44

***Group 1:** Control, **Group 2:** Phenyl Hydrazine (30 mg/kg body weight), **Group 3:** Crude Extract (500 mg/kg + Phenyl Hydrazine), **Group 4:** n-Hexane (500 mg/kg + Phenyl Hydrazine), **Group 5:** Chloroform(500 mg/kg + Phenyl Hydrazine), **Group 6:** Ethyl Acetate (500 mg/kg + Phenyl Hydrazine). Red Blood Cell (**RBC**), Packed cell volume (**PCV**), Hemoglobin(**HB**), White blood cells(**WBC**), Mean corpuscular volume(**MCV**), Mean corpuscular hemoglobin(**MCH**) and Mean corpuscular hemoglobin concentration(**MCHC**). The **MCV**, **MCH** and **MCHC** are generally referred to as Red Cell Indices.

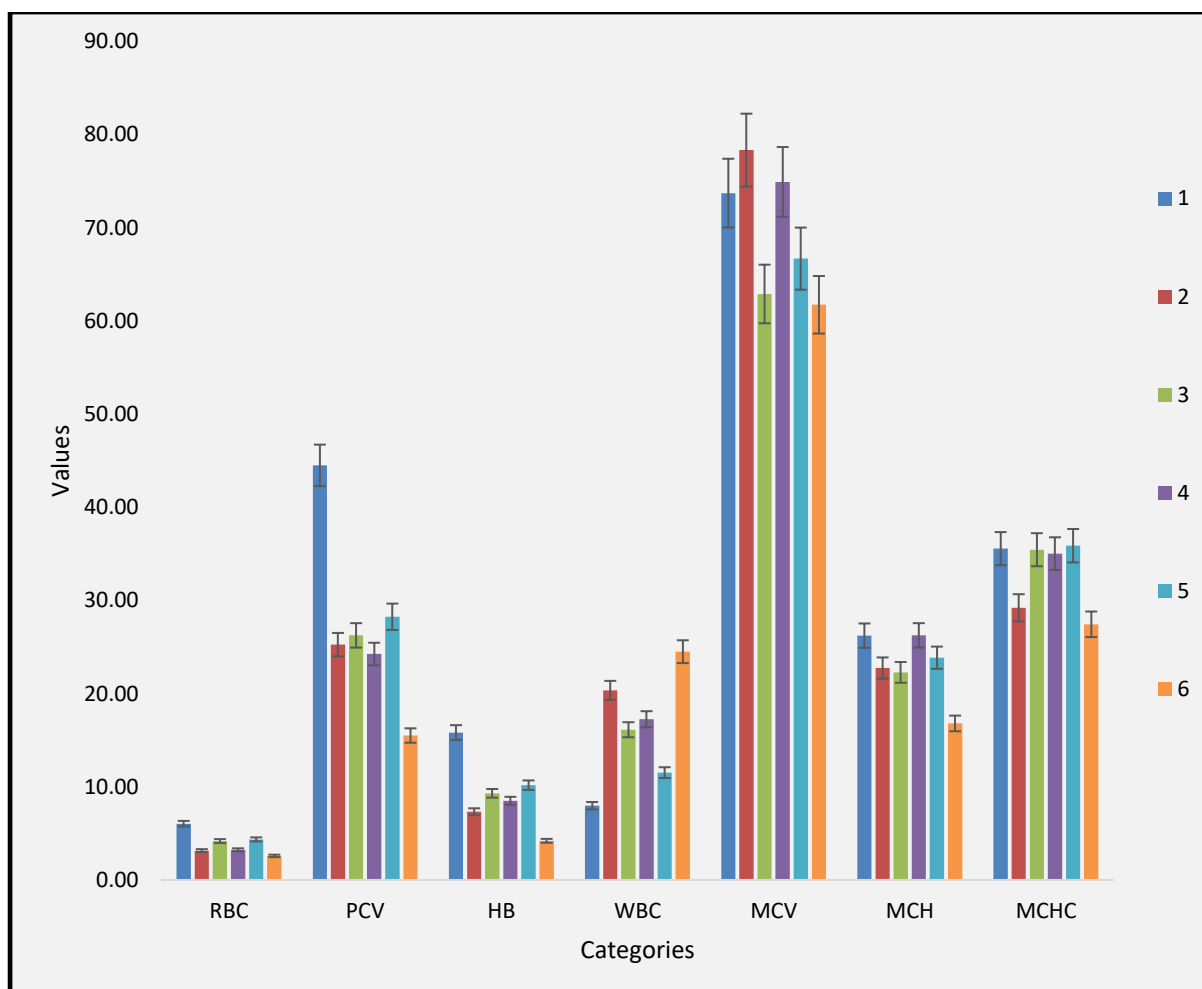


Fig. 2: bar chart showing the profile for hematological indices



Table 3: TLC profile of n-Hexane Extract of *Brillantaisia owariensis*

Solvent system (%)	Colour of spot	R _f value (cm)
C ₆ H ₁₄ (85):CHCl ₃ (15)	Green	0.07
	Yellow	0.19
	Yellow	0.3
	Yellow	0.43
	Yellow	0.93
CHCl ₃ (85): C ₆ H ₁₄ (15)	Light Green	0.08
	Green	0.13
	Yellow	0.19
	Green	0.29
	Green	0.38
	Pineapple	0.62
	Yellow	0.71
	Yellow	0.77
	Seaweed	0.81
	Yellow	0.87
	Yellow	0.92
C ₆ H ₁₄ (50):CHCl ₃ (50)	Yellow	0.14
C ₄ H ₈ O ₂ (85): C ₆ H ₁₄ (15)	Green	1

Table 4: TLC profile of Chloroform Extract of *Brillantaisia owariensis*

Solvent system (%)	Colour of spot	R _f value (cm)
CH ₃ OH(85):CHCl ₃ (15)	Yellow	0.57
	Pineapple	0.67
	Seaweed	0.72
	Green	0.78
	Yellow	0.83
	Yellow	0.93
CHCl ₃ (75): C ₆ H ₁₄ (25)	Yellow	0.16
	Green	0.28
	Green	0.34
	Green	0.41
	Seaweed	0.47
	Green	0.53
	Green	0.63
	Yellow	0.75
	pineapple	0.81
	Pineapple	0.88
	Green	0.91
Green	0.94	

The proximate composition of the air-dried *B. owariensis* leaf is shown in Table 1 while the chart representing the result is presented in Fig. 1. The relatively high carbohydrate and fibre content of *B. owariensis* leaf is closely related to the results obtained by Akuru *et al*

(2018). Carbohydrates are hydrolyzed in the body to yield glucose which can be utilized immediately or stored as glycogen in the muscles and liver for future use (Raven *et al.*, 1999; Okeke *et al.*, 2008).

Carbohydrates are major sources of energy to



the body while fibres are parts of fruits, grains and vegetables that can neither be digested nor absorbed by the human system (Agarwal and Rastogi, 1974). Generally, dietary fibres operate to slow down the rate of glucose absorption in the blood and hence in the reduction of the risk associated with hyperglycemia (Boutwell, 1998). Fibre can also facilitate the reduction of cholesterol in the plasma and the prevention of colon cancer and cardiovascular disease (Davidson *et al.*, 1975). A high level of fibre is known as an anti-tumorigenic and hypocholesterolemic agent (Okoro and Achuba, 2012)

The crude fibre content obtained from this study (which ranged from 23.50-23.72) suggests that *B. owariensis* leaves are a potential source of dietary fibre (roughages) and may be useful in the fulfillment of medicinal and nutritional roles ascribed to fibre (Kadiri and Fasidi, 1990; Chihara, 1993). Low crude fat recorded from this study in comparison to protein is quite permissible as fat tends to aid absorption of certain vitamins and also enhances cell growth, in excess can cause damages to the body: obesity, heart disease and high blood pressure.

Table 5: TLC profile of Ethyl acetate Extract of *Brillantaisia owariensis*

Solvent system (%)	Colour of spot	R _f value (cm)
CH ₃ OH(85):CHCl ₃ (15)	Green	0.71
	Green	0.79
	Yellow	0.83
	Yellow	0.91
CHCl ₃ (85): CH ₃ OH(15)	Green	No movement

The changes observed in the hematological parameters of the rats during the study are presented in Table 2 and Fig. 2 the RBC, HB, PCV, and MCH of rats that were administered with phenylhydrazine (PHZ) decreased significantly while the MCV and WBC increased. These findings are in accord with those reported by; Gabriel *et al* (2005). PHZ-induced anemia in rats was alleviated as there was an appreciable increase in the concentration of the hemoglobin (HB), red blood cells (RBC) and packed cell volume (PCV). The major function of the RBC is in the transportation of oxygen to the body. Therefore, any pathological or physiological condition that affects the RBC may alter this function and may create health challenges in the body (Gabriel *et al.*, 2005).

Ayawa *et al* (2021) observed that the treatment of *Trypanosoma brucei*-induced infection in BALB/c mice with aqueous and methanol extracts of *B. owariensis*, led to the significant restoration of the hemolytic condition and an increase in the survival time in all the treated groups over the negative (non-treated) control group. Such observation

may be attributed to the presence of secondary metabolites such as alkaloids, that have the potential to reverse hemolysis. It has also been documented that *B. owariensis* is rich in amino acids (Akuru and Amadi, 2018). Similarly, *Brillantaisia nitens* is reported to have haematinic activity (Akahet *al.*, 2009). An increase in the hematological indices observed with the crude and the chloroform fraction might not be unconnected with the chemical composition of the extracts. However, the same observation applies to the ethyl acetate extract which exhibited a decline in the hematological parameters and resulted in the death of one of the subjects.

The TLC profiling (Tables 3-5) revealed that the hexane fraction contained 12 spots with a solvent system of 85 % chloroform and 15 % hexane, while the chloroform fraction contained 13 spots with a solvent system of 75% chloroform and 25% hexane and the ethyl acetate fraction contained 4 spots with a solvent system of 85 % methanol and 15 % chloroform. The solvent system is indicating the solvent polarity that may help in the selection of a particular solvent system for



further isolation of any compound from the plant extracts in techniques such as chromatographic and spectroscopic methods. (Biradar and Ranchetti, 2013). Lesser R_f value is indicative of polar constituents (spots), therefore, the lower the R_f values the more the attraction to the polar stationary phase, but the higher the R_f value the less polar is the constituent (spots).

4.0 Conclusion

The essence of this work was to ascertain the rationale for the application of *Brillantaisia owariensis* leaf as a traditional hematinic and to establish relative activities of the different extracts (methanol, ethyl acetate, chloroform and hexane). Results obtained from this study showed that the methanol and chloroform extracts of *Brillantaisia owariensis* leaves possess hematinic activity, while the ethyl acetate extract showed no significance. *A. B. owariensis* leaf is a good source of nutrients and it constitutes diverse phytoconstituents as seen from the thin-layer chromatography profile studies.

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Conflict of Interest

The authors declared no conflict of interest

